

To Whom This May Concern:

I am writing to commend the work of the *Action Racket Theatre*. Co-directed by the energetic duo of Lois Kagan Mingus and Joanie Fritz Zosike. The *Action Racket Theatre* has been in residence at Beth Abraham Health Services Adult Day Health Care (ADHC) since March of 2006, presenting a theatre workshop to a group of over 30 registrants.

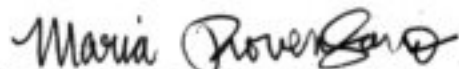
ADHC program is an intergenerational program available to people 18 and older who are physically disabled or have complex medical problems. We offer workshops that accomplish measurable results, engendering a sense of self-empowerment and accomplishment.

Action Racket Theatre offers a carefully and intelligently crafted workshop model, where the registrants are the actors in the Young at Art Theatre Company. Each session is a *genuine* rehearsal where skills are learned and, through improvisation and discussion, a play *about* the registrants emerges.

The ADHC registrants were instantly galvanized, expanding the boundaries of what they thought possible, which fostered an environment of mutual trust in a noncompetitive setting. While the focus is on group activities, each registrant gets individual attention, support and encouragement. Actors are respectfully and lovingly encouraged to achieve great heights in communicating with one another, as well as performing together.

Lois' and Joanie's positive attitude motivated every registrant, regardless of the level of individual verbal and physical challenges. The outstanding efforts of the *registrants* during this workshop determine its success. At ADHC, they joyfully invested in the process, and succeeded in being creative and productive. Less physically and verbally able registrants become "stars" as well. As Lois and Joanie impart theatrical skills, the company fashions building blocks into a foundation. With extraordinary skill and clarity, the *Action Racket Theatre* Young at Art Company has created a play about their lives, filled with facts, dreams and fantasy. This liberating and empowering experience has lasting effects on the entire Beth Abraham community. They will get a chance to view a performance of the play, complete with a playbill and a cast party!

I heartily recommend the work of these two exemplary theatrical artists. Should you have any further questions, please feel free to contact me.



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